



## ST. MARK'S EPISCOPAL CHURCH

“Opening the doors of Christ’s love:  
offering Good News in the midst of a  
confusing world.”

**July 30, 2017**

### **A Note from the Rector:**

The Communion Prayer for today is from “Eucharistic Prayers,” by Samuel Wells & Abigail Kocher. “Too often, what should be the most dynamic moment of a congregation’s liturgical life becomes a low-energy, low-engagement event. Tying the sacramental rite to the words of Scripture for the day, these theological, pastorally fitting, and linguistically satisfying prayers change the Great Thanksgiving prayer from a lull in the liturgy to a focused, fresh, and engaged moment for the congregation.”

The Sursum Corda and the People’s “Amen” at the close of the Eucharistic Prayer have always been common elements to all Eucharistic prayers. Other elements common to the Eucharistic Prayers in Rite One and Two include:

- The Opening Dialogue: “Lift up your Hearts.”
- The Praise and Thanksgiving (in this book, it changes every week)
- The Sanctus (Holy, Holy, Holy)
- The Apostolic Constitution (where one is invited to stand or kneel)
- The Institutional Narrative: “For in the night He was betrayed”
- The Memorial Acclamation “We remember His death, we proclaim His Resurrection, and we await his coming in Glory.”
- Anamnesis (the opposite of amnesia): “To know who you are, to whom you belong, and where you are headed, you must remember.”
- The Oblation: “Remembering His death and resurrection, we offer you the bread and the cup.”
- The Epiclesis or Invocation (when we invoke the Holy Spirit over the elements)
- The Doxology: “Through your son Jesus Christ, through whom be glory and honor to you.”
- We finish with “Amen!” or “So Be It!”

## Intercessions, Thanksgiving, Prayer Requests

Please pray for those who are in trouble, sorrow, need, sickness or adversity, especially in the St. Mark's Parish: Phil Brown, Betty Hughes, Lindsay Drabick, Dick Stockstill, Juliana, Albie, Lou, Janet, Judy, Sarah Derringer, Muriel Hughes, Mary, Caroline Bradford, Jeanette Parris, Kimberly Earle, Carol Farley, John Dell, Kevannah Campbell, Velma Campbell, Emily Davis, Kent White, Betty Hughes & the Lewis family, including Gloria & Karen.



Extended family: Phyllis Nezart-Biggs, Rod Pearson Sr., Betty Bradley, Sandra Robinson, Col. Wil Scudder, Elmore, Mike Greenham, Kwan Dae Suk, Jean Blair, Ed Duffy, Gordon Murchie, John Savage & Andrew O'Connor.

For all military and civilian personnel and those serving in harm's way, we lift up Colin Maloney, Robert Payne, Tim, Emily and family, Walter Smiley, Andrew Kley and Pat Foughty. We pray for those of every generation who live with the wounds of war or who have given their lives for this nation.

## Announcements

### COMING SOON: PICTORAL DIRECTORY!

We're partnering with LifeTouch photography to compile a new directory! There's NO REQUIRED COST. Each family will receive a free 8x10 print of their portrait. Dates are August 20<sup>th</sup> & 21<sup>st</sup> (times TBD). More details coming soon—watch the E-blast & bulletin for updates!



**Shrine Mont Aug 11-13<sup>th</sup>**: The cost has remained at \$78/person/night (adult double occupancy), \$100/night/person (single occupancy), \$28 for youth and \$0 for 0-4.

**Outreach**: Please check board in the Narthex to see upcoming opportunities. As St. Mark's parishioners, positively engage our community by reaching out!

**Seeking Parish Administrator**: 20 hrs/week. Requirements: Knowledge of Microsoft Office/Google tools, financial/office administration, great interpersonal/organizational skills. Send resume to Rector@stmarksalex.org. Job description available upon request.

**St. Mark's Summer Music Program for Children**: This summer your Vestry has hired Diane Kutz and Madeline Murchie-Beyma to teach choral singing. Practice is during the 10:00 am service, about 40 minutes. Children join their parents at the Peace.

**E-giving**—Getting started with online giving is easy. Visit [stmarksalex.org](http://stmarksalex.org) and click the "Donate Now" link to create an account and make your donation.

**Please wear your name tag!** If you need one, please let us know.



**2017 Deductible Donation Statements were sent out this week.** Please let us know if you have any questions or concerns.

## Special Events

**Annual Diocesan Cursillo Ultreya:** Join the Diocese for worship, fun, music and praise Saturday, August 12<sup>th</sup>, from 9:30a.m.—2:00p.m. at St. Mary’s Episcopal Church, 203 Dennison St., Colonial Beach, VA. A continental breakfast will be provided. Contact Rev. Tom Hughes for more information: [adenstone@gmail.com](mailto:adenstone@gmail.com) 540-424-1719



**Life Line Screening:** On Friday, August 18<sup>th</sup>, St. Mark’s will host screenings for the community. Register now to catch health problems before they go too far. Call 888-814-0416 to register and receive a \$10 discount, visit [lifelinescreening.com/community-partners](http://lifelinescreening.com/community-partners), or pick up a flyer in the Narthex for more information. **AVAILABILITY IS NOW LIMITED—SIGN UP TODAY!**

## Upcoming Birthdays

7/31—Margaret Haberman                      8/1—Christopher Hines, Marshall Hines  
8/2—Delsa Chui, Earl Hughes                8/4—Donna Anderson



## This Week at St. Mark’s

Today    8:00 am – HE, 9:15-9:50am—adult forum, 1:00-4:00 pm – San Marcos (S, PH, GH), 4:00-6:00 pm Pan de Vida (S)

Monday, 7/31                                      9:00am-12:00pm-- Vacation Bible School

Tuesday, 8/1                                      7:00-9:00 pm – Pan de Vida Bible Study (Sanctuary),

Wednesday, 8/2                                      10:30 a.m. HE and Healing, The Fairfax, 12:30 p.m.  
7:00-9:00 p.m. – San Marcos (PH)

Thursday, 8/3                                      9:30 am – Morning Prayer  
10:00 am – Holy Folders

Friday, 8/4    7:00-9:00 pm – Pan de Vida (S)

Saturday, 8/5    4:00pm-11:00pm—Blanca Mengar party (PH)  
7:00 - 9:00 pm – Pan de Vida (S)

## Adult Forums

Today, July 30                                      *Living the Questions: Seraphim*  
August 6    *Living the Questions: Stories of Creation*

## Upcoming Important Dates

**August 11—13                                      Shrine Mont**

**August 12    Cursillo Ultreya**

**August 18    Life Line Screening**

**September 10                                        Sunday School registration opens**

**September 20                                        6:00 pm: Begin Nurturing Families program—volunteers needed to cook**

# SERVE THE PARISH!

**Join the choir!** MYTH: You have to be a professional singer/know Paul McCartney personally in order to join the choir. FACT: We need voices of all abilities to sing with us and make a joyful noise! MYTH: It's scary to stand in front of people and sing.



FACT: the choir loft is in the back of the church for a reason and no one will be able to hear you anyway because everyone sings at the same time! If you have no musical background, no worries! It's easy to learn just through experience, and most of our members have. For more information, talk to any choir member or to Tatiana.

**Join the Altar Guild!** Our numbers have shrunk a little

but the need for this important ministry goes on. The load is light and the reward great. Talk to any member of the altar guild or Mother Donna.

**Teach Sunday School!** We are in need of 2-3 teachers to work with our children during Sunday School starting in September. This is a great opportunity to serve and learn. Ask Pam Hamrin or Donna Anderson for more details.

## Word Search Puzzle!

T	R	D	X	D	U	D	L
N	I	Q	L	A	K	M	S
I	O	W	I	B	N	Q	T
A	H	P	L	E	A	S	E
S	C	T	V	Z	K	C	O
M	B	A	H	R	G	X	Z
M	S	D	A	E	V	G	W
R	H	M	I	E	C	C	E

choir	saint
marks	save
please	the

