

This Week at St. Mark's

Today	8 a.m. HE, 9:10 a.m. Adult Forum, 10 a.m. HE, 10 a.m. Children's Sunday School, 11 a.m. Daughters of the King mtg. (Library), 11:30 a.m. Choir practice (Lg. classroom), 1 – 3 p.m. Eucaristia - San Marcos (Sanctuary, Patience Hall and Gibson Hall), 3:30 – 5:45 p.m. Amazing Grace Ghanaian Fellowship (Patience Hall), 5– 8:30 p.m. Pan de Vida (Sanctuary)
Monday 4/29	9 a.m. Newsletter deadline, 9:30 a.m. – 12:30 p.m. French Playgroup (Gibson Hall), 10 a.m. Bible Study (Lg. classroom), 7 – 8:30 p.m. BSA Troop #4077 (Patience Hall)
Tuesday 4/30	6:30 – 9 p.m. GS Troop #4841 (Patience Hall), 7-9 p.m. Pan de Vida Bible study (Classroom)
Wednesday 5/1	10 a.m. HE at The Fairfax, 12:30 p.m. HE at The Pentagon, 7 p.m. Women of Spirit (Lg. classroom)
Thursday 5/2	9:30 a.m. Morning Prayer (Chapel), 10 a.m. Holy Folders (Gibson Hall)
Friday 5/3	5 - 7 p.m. Pan de Vida (Sanctuary)
Saturday 5/4	8 a.m. – 5 p.m. GS Troop #841 Brownie Badge Event (Patience and Gibson Halls), 3 – 5 p.m. Amazing Grace Ghanaian Fellowship Bible study (Lg. classroom), 5:30 – 8:30 p.m. Pan de Vida (Sanctuary), 7 p.m. Movie night (Patience Hall), 7 – 9 p.m. San Marcos Bible study (Lg. classroom)

Church contact information:

Address: 6744 S. King's Hwy., Alexandria, VA 22306 ♦ **Phone:** 703-765-3949; fax: 703-765-3981 ♦ **E-mails:** Office: stmarksalex@netzero.net; Rev. John Weatherly: jweathe951@aol.com; Rev. Meredith Heffner: revmeredith@cox.net; Rev. Chieran Pulimootil: cheriapp@hotmail.com ♦ **Internet:** Website: www.stmarksalex.org; Facebook: <http://www.facebook.com/stmarksalex>. ♦ **Office Hours:** Monday through Thursday from 8:30 a.m. to 1:30 p.m. Clergy are usually in the office until 4 p.m. The office is closed on Fridays and national holidays.



April 28, 2013

Important Upcoming Dates

- **May 1**
Women of Spirit resumes
- **May 4**
Movie Night
- **May 12**
Mother's Day breakfast
- **May 19**
St. Mark's in the Park
- **June 20-28**
Youth mission trip to Vermont
- **August 23-25**
Shrine Mont weekend

Adult Forum

- **Today**
Romans Revealed: A Look at Paul's Letter to the House Churches in Rome with Daniel Stroud
- **May 5**
The Episcopal Church's Young Adult Service Corps with Keri Geiger

ST. MARK'S EPISCOPAL CHURCH

**“Opening the doors of Christ's love:
an inviting, embracing and serving community offering
Good News in the midst of a confusing world.”**

Welcome Newcomers and Visitors

The members, staff, and Vestry of St. Mark's Episcopal Church welcome you to our services during this Easter season. If you are looking for a church home, or want more information about St. Mark's, please introduce yourself to the Vestry Person of the Day or to the Clergy. We hope you will fill out the newcomer's card that you will find in the church pew and put it in the offering plate or give it to one of the ushers. We are glad you are here! If you would like to receive our weekly announcements by e-mail, please contact the church office at stmarksalex@netzero.net.

From the Rector



It was a glorious celebration of new ministry for Lauren Stanley, the new priest in charge at Rosebud Mission West in South Dakota, where Rev. Meredith preached the sermon.

Also pictured: The Rev. David Cox.

Sunday Happenings

All baptized Christians are welcome to receive the Holy Eucharist in the Episcopal Church. For those who are not familiar with how to receive communion, the following may be helpful. The ushers will let you know when it is time to go to the altar rail. At the altar rail, place one outstretched hand over the other to receive the bread. To receive the wine, either hold on to the wafer and dip the edge into the wine (edge only!), or consume the wafer first and then guide the chalice to your lips. If you are unable to kneel at the rail, please feel free to remain standing. If you cannot come to the altar rail, please tell an usher and communion will be brought to you. If you do not wish to receive communion, you may come to the altar rail for a blessing and cross your arms over your chest to indicate you do not wish to receive communion. Come down the center aisle to the altar rail and return to your seat using the side aisles.

During the school year, Sunday School is provided from 10 to 10:40 a.m. except during our monthly Joyful Noise Family Services, when the children remain in church. On regular Sundays, the children will join us for Holy Eucharist. Children below age four can use the nursery, where they will receive care during the entire worship service from professional nursery attendants. Come again. We sincerely hope that you will want to make St. Mark's your spiritual home.

Prayer List

Please pray for those who are in trouble, sorrow, need, sickness or any other adversity, especially:

In the St. Mark's Parish: Jean Auldridge, Shirley Hunter, Kathy Hughes, Beverly Weatherly, Beth Oakes, Dave Boyd, Elizabeth Boyd, Alan, Juliana, Albie, Lou, and Janet.

Our Extended Family: Peggy Byers; Donna Mayne; Elizabeth Jenkins; Bob and Nancy DeLay; Summer Ostanato; Margo Digan; Karen, Trey, and Julian Smith; Eric Watson and family; Abigail Dawn; Frank Strobel; Jocelyn Aguilar; the Echols family; the Lawrence family; Phyllis Vezart-Biggs; Daniel Gold; Vickey Richey; Bonnie and Chip Block and their family; Wendy Wills; George; Arlen; John; Andy; and Kat.

For all military and civilian personnel and those serving in harm's way: Brian Hobin, Andrew Kley, Ryan Kiggans, Tyler Miller, Austin Grainey, Justin Rodriguez, Robert Payne, Eric Martindell - civilian in Afghanistan, Jeff, Carl, and Kevin. We pray for those of every generation who live with the wounds of war or who have given their lives for this nation.

If you would like someone who is sick or in need added to the prayer list, please write their name in the blue book on the table in the Narthex, or give the name to Father John or Rev. Meredith. Names will be kept in our intercessions for four weeks, unless notified otherwise.

Birthdays

April 29 – Natalie Hartzell, May 2 – Shirley Hunter, May 3 – Luke Bluey

Announcements

CROP: Thanks again to all who helped in this year's CROP Walk to combat hunger, and raise awareness of the need to help each other. A preliminary total of \$10,000 was raised.

Donations will be accepted through May at www.cws/Cropwalk. It's easy to donate!

Morning Prayer. Join us for Morning Prayer on Thursdays at 9:30 a.m. in the little chapel.

The deadline for the May - August issue of our newsletter is tomorrow, Monday, April 29th at 9 a.m. Please submit your articles to Sara Dillich at sdillich@aol.com and copy to Emily Cole in the church office at stmarksalex@netzero.net. Early submissions are greatly appreciated!

Women of Spirit will resume meeting on Wednesday, May 1st at 7 p.m. We will be reading *God's Hotel* by Victoria Sweet. Books may be purchased through Amazon.com.

Movie Night! Join us on May 4th at 7 p.m. for Movie Night! We'll be watching the movie *Up* and promise fun for the whole family. Bring a snack to share.

Join us to volunteer at So Others Might Eat (SOME) on Sunday, May 5th for the breakfast shift. This is an intergenerational opportunity open to anyone age 13 and up. We will meet at church at 6 a.m. that day. There are only 4 spaces left and the deadline to sign up is today, so see Rev. Meredith if you would like to.

Adult Forum and Young People of St. Mark's: Join us at 9:15 Sunday, May 5th, and after worship at 11:15 to talk with Keri Geiger about the Episcopal Church's Young Adult Service Corps.

Plan ahead for Bring Your God-Parent or God-Child to Church Day on June 16th!

Shrine Mont registration forms are now available. Our annual parish weekend will be Saturday, August 24th through Sunday, August 25th this year, with an option to arrive on Friday the 23rd. Shrine Mont is approximately 2½ hours away and - with a pool, hiking trails and beautiful scenery - it's a great weekend getaway. There will be a lot to do if you choose (including a hayride and an ice cream social) or you can just sit on the porch with a good book and relax! We have

reserved two houses on the "hill", with meals at Tucker Hall. Costs will be approximately \$98.00 per person for a Saturday night stay. There is no charge for children under the age of 13. Fees include accommodations and meals. Registration forms are on the bulletin board in the Narthex. Small scholarships are available – see Fr. John or Rev. Meredith. If you have any questions, please contact the church office. Registration is on a first-come, first-served basis, so sign up soon – space is limited!

Ann Sparks is looking for volunteers for the Audit Committee. If you are interested, please call Ann at 703/768-1622.

Tellers needed: If you are interested in serving as a Sunday teller, please call or e-mail Ed Kley at epkley@earthlink.net or 703/719-6238. No experience needed, we will train anyone. It takes about one to two hours a month of time after a 10am service.

Would you like to join the dedicated volunteers of the Flower Guild? If you would like to help once a month with the floral arrangements for the church, please call Maureen Ison at 703/768-6176.

UCM's Food Pantry needs food donations now! Please put your non-perishable donations in the wicker basket at the rear of the sanctuary. The most needed items are tuna, canned meats, peanut butter, soups, pasta, rice, and canned vegetables.

Local woman seeks part-time work. Skills and experience include making appointments, checking references, making follow-up calls and handling complaints. For more information, contact Rev. Meredith.